



**Picasso Institute**  
Nothing Can Stop You

**PATTERN MAKING AND SEWING TECHNIQUES - FOUNDATION LEVEL**

# Course Outline

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## **Picasso Institute**

We are a family that is passionate about art, publishing it and transferring it from being a luxury, to works of art that are at the core of life and form its patterns and are inseparable from it. Picasso institute, has a new creative vision to reformulate the social beliefs about learning and creativity. We are keen on providing high quality vocational training and determined to boost the Jordanian and the Arab Market with the best graduates who will change the world colors. . Our specializations, training diplomas, are unique, elite and help visualize and create your own future. At Picasso institute, you have to start off with your imagination, we provide you with the means that make this imagination a reality. The tools and the information provided by Picasso professionals emboss an inscription on your hands. As the great artist Pablo Picasso said " Everyone is born an artist", we have to protect the artist that lies in you and create tangible art.

## **Founded in 2014 in Jordan**

### **Branches**

- Jordan-Amman
- UAE-Dubai
- UAE-Abu Dhabi
- KSA-Riyadh
- Qatar-Lusail

## **Course Overview**

As a fashion designer, pattern making is essential in translating the basic idea for a garment into a real piece that fits the human body in a favorable way.

This course will teach you how to master a critical piece of fashion equipment.

Good sewing machine skills can help you achieve more sophisticated results, increasing your speed and accuracy as well as the quality of your designs. With the help of experienced instructors, you will receive the guidance and support needed to enhance your skills. Join us and discover your passion for pattern making and sewing in an encouraging and enjoyable learning environment.

## **Course Content**

- Introduction to Sewing and Pattern making.
- Sewing Machine and how to use it.
- Sewing Tools and their use.
- Straight and Curve Seams.
- Zipper Sewing.
- Darts Sewing.
- Anatomy of a Mannequin.
- Body Measurements.
- Basic Skirt.
- Basic Pants.
- Basic Blouse.
- Basic Dress.

## **Course Delivery Method**

Classroom

## **Required Tools**

- Pattern making papers, pin, tailor's chalk, tracing wheel, UHU glue, tape Measure, pattern making rulers, dressmaking scissors, French curves, raw cloth.

## **Learning Outcomes**

By the end of this course, students will be able to:

- Understand Pattern making principles comprehend the fundamental concepts of pattern making, including the use of measurements, drafting, and altering patterns.
- Draft basic garment patterns create accurate patterns for basic garments using standard measurements and personal body dimensions.
- Execute accurate cutting techniques skillfully cut fabric based on patterns, ensuring precision and efficiency in fabric usage.
- Sew garments with professional finish construct garments using various sewing techniques, including seams, hems, and finishing methods, to achieve a polished look.
- Create a complete garment from scratch draft, cut, and sew a complete garment, from pattern creation to final assembly, ready for wear or display.

## **Final Project**

- Skirt
- Pants
- Blouse
- Dress

## **Requirements for Successfully Passing the Course**

- Commitment to attend the training course and not to exceed the permitted absence rate, which is 15% of the number of hours for the training course.
- Submission of the course project.

## **Who Can Join**

At Picasso institute, anyone can join, regardless of their background or experience. Whether you're a beginner or have some prior knowledge, you are welcome to explore and develop your creativity with us. No previous experience is required.

## **Minimum Age to Join**

At Picasso institute, anyone 16 and older can join.

## **Course Language**

**At Picasso Institute, the course is structured as follows**

- Presentations and course materials are provided in English.
- The explanation and instruction are delivered in Arabic.

## **Privileges for Students at Picasso Institute**

- Visits from the institute to enhance their experience.
- Full access to all institute facilities.
- Opportunities for one-on-one consultations with experts in various fields.
- Participation in many hands-on workshops.
- Exclusive networking events with industry professionals.
- Access to special exhibitions and guest lectures.
- Personalized mentorship to help guide creative projects.
- Opportunities to showcase student work in school-organized exhibitions.

**At Picasso Institute, we believe that every artist has a unique story to tell and limitless potential to unlock. As you begin this creative journey with us, know that you are not just a student but an integral part of a community that celebrates imagination, passion, and innovation. We are here to support and guide you every step of the way. Stay curious, embrace challenges, and let your creativity shine. We can't wait to see the extraordinary work you will create!**

**Welcome to the Picasso Institute family!**